

## Alcohol and Other Drugs

The New Hampshire Public Health Association (NHPHA) recognizes that alcohol and other drug problems negatively impact individuals, families, and communities throughout the state. Abuse of alcohol and drugs not only results in suffering by individuals and families, but also impacts the broader community through problems such as fetal alcohol syndrome, domestic violence, reductions on worker productivity, highway fatalities, increases in chronic illness, crime, and homelessness. All of these issues associated with the use of alcohol and other drugs cause major financial burdens for the residents of New Hampshire. The NHPHA supports policies that:

- Strengthen the enforcement of laws and regulations to prohibit the sale or other provision of alcohol beverages to youth under the age of 21;
- Educate, intervene with, and treat alcohol and other drug problems among all New Hampshire residents, but especially with our youth and pregnant women; and
- Encourage all health care providers to screen and educate patients about “risky drinking” and other inappropriate drug use.

### Resources

“Collective Action, Collective Impact: New Hampshire’s Strategy for Reducing the Misuse of Alcohol and Other Drugs and Promoting Recovery, 2013-2017. New Hampshire Governor’s Commission on Alcohol and Drug Abuse Prevention, Intervention and Treatment.

<http://www.dhhs.state.nh.us/dcbcs/bdas/documents/collectiveaction.pdf>

Kumar, Revathy (02/13/2013). “Alcohol, Tobacco, and Other Drug Use Prevention Programs in U.S. Schools: A Descriptive Summary”. *Prevention Science* (1389-4986).

“Stop Underage Drinking”. Interagency Coordinating Committee on the Prevention of Underage Drinking. 2013 <http://www.stopalcoholabuse.gov/default.aspx>

Thavorncharoensap, Montarat (2009). “The economic impact of alcohol consumption: a systematic review”. *Substance abuse treatment, prevention and policy* 1747-597x), 4 (1), p. 20.

U.S. Department of Health and Human Services, National Institutes of Health, Substance Abuse and Mental Health Services Administration. “Health People 2020: Substance Abuse”.

U.S. Department of Health and Human Services, “National Prevention Strategy: Preventing Drug Abuse and Excessive Alcohol Use.” U.S. Department of Health and Human Services, Office of the Surgeon General, 2010.

<http://www.surgeongeneral.gov/initiatives/prevention/strategy/preventing-abuse.pdf>